



School Information: This Institution is an equal opportunity provider.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Pizza
Garden Salad
Carrots
Rosy Applesauce & Milk
*Chicken on Bun

B.B.Q Rib on Bun
Baked Beans
Celery Sticks w/ dip
Whole Fruit Cup & Milk
*Spicy Chicken on Bun

Chicken Strips
w/ Pepper Gravy
Seasoned Diced Potatoes
Cherry Smooth Sidekick
Bug Bites & Milk
*Hamburger

Spaghetti w/ Meat Sauce
Cheese Stick
Garden Salad & Corn
Breadstick
Peaches & Milk
*Mini Twin Grilled Chicken w/Pepper
Jack Cheese

Grilled Chicken on Bun
Baked Beans
Pumpkin Pudding
Applesauce
Milk
*Chicken on Bun

Chicken Nachos
Lettuce & Salsa
Carrot Sticks & Broccoli w/ dip
Brownie, Craisins & Milk
*Cheesy Breadsticks w/Marinara
Sauce

Deli Sub
Lettuce & Pickles
Green Beans
Sidekicks
Milk
*Popcorn Chicken

Mini Corn Dogs
Steamed Broccoli
w/ Cheese Sauce
Assorted Vegetable Punch
Peaches & Milk
*Hamburger

Chicken Quesadilla w/ Salsa
Broccoli & Cauliflower
w/ dip
Strawberry Applesauce
Milk
*Chicken on Bun

Walking Taco
Lettuce, Tomatoes & Salsa
Corn
Mandarin Oranges
Valentine Cookie & Milk
*Chicken Alfredo with a Twist

Chili
Crackers
Carrot Sticks w/ dip
Cinnamon Roll
Raisins & Milk
*Spicy Chicken on Bun/ Baked Beans

Bosco Sticks
W/ Marinara Sauce
Garden Salad
Peas
Fresh Fruit Mix & Milk
*Hamburger

No School

B.B.Q Oven Roasted Chicken
Mashed Potatoes
Green Beans
Roll
Pineapple & Milk
*Chicken on Bun

Cheeseburger
Tri-Taters
Baked Beans
Applesauce
Milk
*B.B.Q. Pork on Bun

Chicken Noodle Soup
Crackers
Toasted Cheese Sandwich
Broccoli, Carrot & Celery Sticks w/ dip
Peaches & Milk
*Hamburger

Cheese Pizza
Garden Salad
Carrots
Mandarin Oranges
Milk
*Chicken Fryz

Super Nachos w/ Salsa
Taco Fiesta Beans
Corn
Pineapple
Milk
*Spicy Chicken on Bun/ Baked Beans

Chicken Nuggets
Carrot Sticks & Broccoli w/ dip
Applesauce
Milk
*Mini Corn Dogs

Lasagna
Garden Salad
Orange Medley
Roll
Mandarin Oranges & Milk
*Hamburger

