



School Information: This institution is an equal opportunity provider.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Pizza
Garden Salad
Carrots
Rosy Applesauce
Milk

B.B.Q Rib on Bun
Baked Beans
Celery Sticks w/ dip
Whole Fruit Cup
Juice & Milk

Chicken Strips w/ Pepper Gravy
Seasoned Diced Potatoes
Cherry Smooth Sidekick
Sun Chips
Milk

Spaghetti w/ Meat Sauce
Cheese Stick
Garden Salad
Corn
Breadstick
Peaches & Milk

Grilled Chicken on Bun
Baked Beans
Pumpkin Pudding
Applesauce
Milk

Chicken Nachos
Lettuce & Salsa
Carrot Sticks & Broccoli w/ dip
Brownie
Craisins, Juice & Milk

Deli Sub
Lettuce & Pickles
Green Beans
Sidekicks
Juice & Milk

Mini Corn Dogs
Steamed Broccoli w/ Cheese Sauce
Assorted Vegetable Punch
Peaches & Milk

Chicken Quesadilla w/ Salsa & Sun Chips
Broccoli & Cauliflower w/ dip
Strawberry Applesauce
Juice & Milk

Walking Taco
Lettuce, Tomatoes & Salsa
Corn
Mandarin Oranges
Valentine Cookie & Milk

Chili
Crackers & Cheese Cup
Carrot Sticks w/ dip
Cinnamon Roll
Raisins, Juice & Milk

Bosco Sticks W/ Marinara Sauce
Garden Salad
Peas
Fresh Fruit Mix, Juice & Milk

No School

B.B.Q Oven Roasted Chicken
Mashed Potatoes
Green Beans
Roll
Pineapple, Juice & Milk

Cheeseburger
Tri-Taters
Baked Beans
Applesauce
Juice & Milk

Chicken Noodle Soup
Crackers
Toasted Cheese Sandwich
Broccoli, Carrot & Celery Sticks w/dip
Peaches & Milk

Cheese Pizza
Garden Salad
Carrots
Mandarin Oranges
Milk

Super Nachos w/ Salsa
Taco Fiesta Beans
Corn
Pineapple
Milk

Chicken Nuggets
Carrot Sticks & Broccoli w/ dip
Applesauce
Pumpkin Bar
Juice & Milk

Lasagna
Garden Salad
Orange Medley
Roll
Mandarin Oranges & Milk

