



School Information: This Institution is an equal opportunity provider.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

2

No School

3

Popcorn Chicken
Baked Beans
Carrots
Luigi's Sorbet
Milk
*Hamburger

4

Bosco Sticks
w/ Marinara Sauce
Garden Salad
Corn
Peaches & Milk
*B.B.Q. Rib on Bun

5

Meatloaf
Mashed Potatoes
Veggie Blend
Roll – Jelly
Strawberry Cup & Milk
*Chicken Strips/ Sun Chips

6

Chicken Nachos
Taco Fiesta Beans
Shredded Lettuce & Salsa
Broccoli w/ dip
Fruit, Snickerdoodle & Milk
*Pizza

9

Mini Corn Dogs
Tri-taters
Assorted Vegetable Punch
Applesauce
Milk
*Hamburger

10

Chicken Alfredo with a Twist
Carrots
Garden Salad
Garlic Toast
Mandarin Oranges & Milk
*Spicy Chicken on Bun

11

Cheeseburger
Baked Beans
Pumpkin Pudding
Fruit
Milk
*Chicken Fryz

12

Chicken & Noodles
Mashed Potatoes
Green Beans
Roll – Jelly
Fruit & Milk
*Hamburger

13

12:15 Dismissal
Turkey & Cheese Sub
Shredded Lettuce
Carrot Sticks & Broccoli w/ dip
Sidekicks & Milk
*Chicken on Bun

16

Walking Tacos w/ Doritos
Shredded Lettuce & Salsa
Refried Beans
Peaches
Cookie & Milk
*Grilled Chicken on Bun

17

Chicken Tetrazzini
Garden Salad
Orange Medley
Roll – Jelly
Fruit & Milk
*Popcorn Chicken

18

Hot Dog on Bun
Tater Tots
Assorted Vegetable Punch
Jello w/ Fruit
Milk
*Hamburger

19

B.B.Q. Chicken on Bun
Coleslaw
Baked Beans
Whole Fruit Cup
Milk
*Spicy Chicken On Bun

20

Pizza
Garden Salad
Peas
Fruit
Milk
*Bosco Sticks/ Marinara Sauce

23

Hamburger
Tri-tater
Assorted Vegetable Punch
Cinn. Applesauce Cup
Milk
*Pizza

24

Chicken Nuggets
Carrot Sticks & Broccoli w/ dip
Pineapple
Milk
*Chicken Nachos

25

Cavatini
Garden Salad
Garlic Toast
Peaches
Milk
*Chicken on Bun

26

Chicken Caesar Wrap
Lettuce & Tomatoes
Green Beans
Apple Crisp
Juice & Milk
*Chicken Strips/ Cheez-its

27

B.B.Q. Rib on Bun
Baked Beans
Corn
Fruit
Milk
*Deli Sub

30

Spaghetti w/ Meat Sauce
Breadstick
Garden Salad
Orange Medley, Craisins & Milk
*Buffalo Sticks

